



CAREER CENTER CONNECTION

NEWS FROM THE SIMLEY HIGH SCHOOL CAREER CENTER

JANUARY 2020

CONSTRUCT TOMORROW

HANDS-ON OPPORTUNITY TO LEARN ABOUT TRADES AND APPRENTICESHIPS

Simley High School has been extended an invitation to participate in a Construct Tomorrow event located at the National Sports Complex in Blaine, MN. **Students will learn about union apprenticeship (paid on-the-job-training) programs that pay you to learn a construction career, offer good wages, great benefits, free college tuition costs.**

The Construct Tomorrow event gives students a chance to roll up their sleeves and trowel cement, wire circuits, set tile and more! Many of the trades and training groups are bringing some large equipment for student exploration and sampling. Heavy machinery and full sized simulators will be available for students to try out. This is an excellent opportunity for students to learn about a variety of careers and to have hands-on demonstrations as well.



This is such a fantastic event and perfect opportunity for any student that has interest in a hands-on career in their future. The event will take place on **Thursday, January 16, 2020**. Students will be out of school from 9:15 AM – 1:00 PM and will have the option of purchasing a quick lunch while gone. Field trip permission slips are available in the Career Center and Counseling Office. Please contact Ms. Kimble with any questions or concerns and don't miss out on this awesome opportunity!

UNIQUE CAREER PATHWAY PROGRAMS AT SIMLEY

Simley High School provides students with a variety of unique opportunities to explore their post-secondary career options. It is of critical importance for students to explore different career pathways and to do so early and often. Students are highly encouraged to take advantage of these excellent opportunities that are right at their fingertips!

Benefits of completing a career pathway program at Simley High School:

- ✓ Gain a better understanding of what you are looking for in a career
- ✓ Experience firsthand what career will and won't be a good fit for your interests and personality
- ✓ Learn what career options are available to you
- ✓ Career exploration improves knowledge, helps develop goals to work towards, and provides confidence in self
- ✓ College credits included as a part of many programs
- ✓ Settings, pace, and experiences are different from the traditional classroom, which may be a positive change for many. These include:
 - Immersive experiences
 - Hands-on training
 - Internships
 - Off-site experiences

Opportunities at Simley include: TriDistrict Programs, Genesys Works, Exploring Teaching, Certified Nursing Assistant, and EMR/EMT. Keep reading for further information on each program.

TRIDISTRICT PROGRAMS

The TriDistrict Career and College Readiness Initiative is a unique partnership between Simley, Sibley, and South St. Paul High Schools. These programs have been created in an effort for students to be able to explore a wide range of career options in an immersive, authentic environment. The three main components of each of the TriDistrict courses are: professional skills, career exploration, and English curriculum. Students should be on track to graduate, and possess characteristics of: self-advocacy, follow-through, ability to work independently, ability to be a contributing member of a team, and adaptability.

FIRST SEMESTER - CLASSROOM EXPERIENCE

TriDistrict students report each afternoon to the host business partner site for the first semester. Students will have expansive experiences and exposure to career opportunities within the career field of the course while learning the professional skills required in the current, dynamic, business environments.

SECOND SEMESTER - INDIVIDUAL INTERNSHIP

Students will serve as an intern, working directly with area businesses and mentors to continue to develop and apply professional skills while collaborating on authentic projects and tasks. Students will continue to meet weekly with TriDistrict staff to refine professional skills and continue to meet elective and core requirements.

TRIDISTRICT BUSINESS AND ENTREPRENEURSHIP COURSE AND INTERNSHIP

This course will provide a dynamic introduction to business. Students will learn the principles of all aspects of the professions within the business environment. Students will also begin to develop their “entrepreneurial mindset” and learn how to bring their own great ideas to market. This project driven curriculum will include but is not limited to: marketing, sales, hospitality, event planning, human resources training and development, and leadership and management skills.

Grade level	11-12
Location of Program	Evolve Workplace, West St. Paul
Transportation	Busing available, if needed
Hours/Schedule	3 trimesters/3-hour block
Credits	2 elective credits/trimester + 1 English credit/trimester
Process to get into course	Register for the course during registration in February Complete application at: www.careercollegeready.org
Consider this course if you're interested in this career field	Business



TRIDISTRICT CAREERS IN TRANSPORTATION BUSINESS AND TECHNOLOGY

This course is an excellent fit for any student interested in exploring all aspects of the diverse and dynamic fields within the transportation industry. Students will learn the business, technical, logistics, sales, and human resources sides of multiple sectors within the industry. Students explore a wide-range of career opportunities in the many different transportation sectors. Students will engage in a variety of opportunities including case studies, project-based learning, and on and off site shadowing experiences.

Grade level	11-12
Location of Program	North American Trailer, IGH
Transportation	Busing available, if needed
Hours/Schedule	3 trimesters/3-hour block
Credits	2 elective credits/trimester + 1 English credit/trimester
Process to get into course	Register for the course during registration in February Complete application at: www.careercollegeready.org
Consider this course if you're interested in this career field	Transportation Industry



TRIDISTRICT HEALTHCARE CAREERS

This course is an excellent fit for any student interested in exploring all aspects of the diverse and dynamic fields within the transportation industry. Students will learn the business, technical, logistics, sales, and human resources sides of multiple sectors within the industry. Students explore a wide-range of career opportunities in the many different transportation sectors. Students will engage in a variety of opportunities including case studies, project-based learning, and on and off site shadowing experiences.

Grade level	11-12
Location of Program	Twin Cities Orthopedics, Eagan
Transportation	Busing available, if needed
Hours/Schedule	3 trimesters/3-hour block
Credits	2 elective credits/trimester + 1 English credit/trimester
Process to get into course	Register for the course during registration in February Complete application at: www.careercollegeready.org
Consider this course if you're interested in this career field	Healthcare



GENESYS WORKS

Genesys Works is a Twin Cities non-profit organization that partners with the TriDistrict high schools. The partnership seeks to bring diversity to the IT (Information Technology) workforce. The 14-month program empowers high school students to succeed through skills training, paid internships, and college and career planning support. Benefits to students include being able to: learn and develop in-demand job skills, attain a first professional work experience, earn \$14,000 during senior year, have a guided pathway to college and career success, gain confidence and career aspirations.

The Genesys Works model offers students an environment of high expectations and support: There are 8 weeks of skills training during the summer before students' senior year of high school. Students who complete this portion of the program will receive 2 elective credits at Simley High School. After completion of the summer skills training students are placed in a paid year-long professional internship at one of many partner companies.

Grade level	12
Location of Program	Internship location (around the east metro)
Transportation	Must provide own transportation
Hours/Schedule	3 trimesters/3-hour block (Interns work M-F 1-5 PM)
Credits	3 elective credits/trimester + 2 elective credits for completing summer training
Process to get into course	Register for the course during registration in February Complete the application at: www.genesysworks.org/twincities/ (March 6 deadline) Complete interview
Consider this course if you're interested in this career field	Information Technology



EXPLORING TEACHING

This is a dual enrollment course through the University of Minnesota and is a part of their College in the Schools program. The course provides a deep look into the realm of teaching as a career exploration. Students will explore and respond to the question, “Why teach?” In doing so, they examine their own interests in teaching while taking a close look at the multiple factors (social, historical, political) that shape schools today.

Students will volunteer in area schools in a service-learning capacity, attend class, make presentations, write reflective papers and blog posts in response to assignments, participate in discussions, and engage in small group learning activities. Service-learning experiences are central to learning, and along with course readings, provide the basis for discussion and reflection. This course is relevant for anyone considering a career in education.

Grade level	11-12
Location of Program	Simley High School
Transportation	None required
Hours/Schedule	3 trimesters/1 hour per trimester
Credits	1 elective credit/trimester + 2 college credits through the University of MN
Process to get into course	Register for the course during registration in February
Consider this course if you're interested in this career field	Education/teaching



CERTIFIED NURSING ASSISTANT

The Certified Nursing Assistant (CNA) course provides training required for basic entry into health care as a nursing assistant or home health aide, including 24 hours of supervised clinical experience in a long-term care facility. Students build their skills in hands-on lessons. Students learn nursing aide skills required for the state certification exam, practice them at local medical facilities, and then take the exam at the end of the trimester. This is a standard primary certification for the healthcare field and is typically a prerequisite into most nursing programs.

**This is a hands-on, career specific course.*

Grade level	10-12
Location of Program	Simley High School
Transportation	None required
Hours/Schedule	1 trimester/ 2-hour block
Credits	2 elective credits + 5 college credits through Inver Hills Community College
Process to get into course	Register for the course during registration in February Registered students will complete the Accuplacer placement test in reading
Consider this course if you're interested in this career field	Nursing



EMR/EMT

The Emergency Medical Responder (EMR) course is designed to provide the EMR at the scene of a medical trauma emergency the necessary knowledge and skill to manage patient care until the arrival of ambulance personnel. The course will cover the following topics: body substance isolation, anatomy/physiology, patient assessment, vital signs, bleeding and shock control, spinal immobilization, splinting, bandaging, use of oxygen adjunctive equipment, working with backboards and AHA CPR Certification.

The Emergency Medical Technician (EMT) course prepares students to be eligible to take the National Registry EMT written exam at the completion of the course (after their 18th birthday). The practical examinations will be taken within the last month of class. Students may have the opportunity to work with equipment and may participate in additional off campus experiences. The course will be taught by certified secondary Health Instructors licensed by the Minnesota Board of Teaching, nurses, paramedics, physicians, EMRs, EMTs and other healthcare professionals. **Both of these courses are hands-on, career specific course.*

Grade level	12
Location of Program	Simley High School
Transportation	None required
Hours/Schedule	EMR- 1 trimester/ 2-hour block EMT- 2 trimesters/ 2-hour block
Credits	2 elective credits/trimester +3 college credits through Pine Tech. & Community College (EMR) +6 college credits through Pine Tech. & Community College (EMT)
Process to get into course	Register for the course during registration in February
Consider this course if you're interested in this career field	EMR/EMT, Health



TRENDING CAREERS

THE 5 COLLEGE MAJORS AMERICAN STUDENTS MOST REGRET PICKING

From the National Association of Colleges and Employers (NACE), the following statistics shed some insight on the current trends and outlook for students graduating college with a bachelor's degree.

Overall unemployment rate: **3.5%**

(Bureau of Labor Statistics)

Unemployment rate, bachelor's degree graduates ages 20-24:

November 2018: **4.8%**

November 2019: **3.5%**

(Bureau of Labor Statistics)

Average starting salary, class of 2018 bachelor degree graduate:

\$50,944

(Summer 2019 Salary Survey)

Increase in hiring projected for Class of 2020 over Class of 2019: **5.8%**

(Job Outlook 2020)

Percent of Class of 2018 bachelor's degree graduates employed full time within six months of graduation: **58.7%**

(First Destinations for the College Class of 2018)

COLLEGE SPOTLIGHT

LUTHER COLLEGE

Private, liberal arts college in Decorah, Iowa

www.luther.edu



Student demographics:

2,050 students 11:1 student-to-faculty
19 average class size 95% of faculty hold the highest degree in their field

Outcomes: 98% of Luther graduates are employed, attending graduate school, or engaged in an internship or volunteer work within eight months of graduation

Tuition (2019-2020): \$45,000 (tuition/fees) + \$10,720 (room + board) = \$55,720/year

Financial Aid and Scholarships: 98% of Luther students receive merit or need-based financial assistance. Academic awards are offered to students automatically as a part of the admissions process. There are also scholarships available outside of the academic domain including generous renewable music scholarships for students of all academic disciplines.

Admissions: Each applicant is holistically reviewed based on factors such as: cumulative GPA, ACT/SAT score, strength of high school curriculum, and involvement. Luther offers three different admission plans with three different deadlines. Options are: Early Action I (10/15), Early Action II (1/1), and Regular Decision (1/15). There are 5 steps to apply. Students should apply using the Luther online application or The Common Application. They must submit a letter of recommendation, an essay (something already written or something new), high school transcript, and ACT or SAT scores.

The average ACT score for the class of 2022 was 25.7 with the middle 50% falling between 23 and 29. 43% of admitted students were in the top 10% of their high school class.

Academic Programs: Luther students choose from over 60 areas of study including 9 pre-professional programs and certificate programs. About 1/3 of a student's coursework at Luther is completed within a designated major, 1/3 is comprised of required courses, and 1/3 is electives. There are more than 800 student musicians- of all majors- that participate in large ensembles, faculty-coached chamber groups, private lessons, and master classes.

The goal of a Luther education is to help students develop a disciplined and inquisitive mind, equipped to understand and confront a changing world. Approximately 75% of Luther students participate in an internship, student teaching, nursing clinical, or social work field experience prior to graduation. Additionally, 2/3 of Luther students study abroad on yearlong, semester-long, summer, or January Term programs in more than 30 countries.

Campus Life: Luther offers students over 90 student organizations. Luther is a NCAA Division III school with 19 varsity teams. They also offer intramural and club athletics. More than a quarter of students participate in intercollegiate athletics. Additionally, there is a constant stream of concerts, films, performances, lectures, music recitals, athletic games, and other events so there's always something to do on campus.

Fun Luther Facts:

- 95% of faculty choose to live within 5 miles of campus
- Luther has won more championships than any school in their conference
- More students attend Luther from Minnesota than from Iowa
- 23% of Luther students have not declared a major by the end of their first year- students are highly encouraged to explore all of their major options and take a variety of courses before declaring
- 40% of Luther's student body participates in some aspect of music on campus
- Luther offers one of the largest undergraduate music programs in the country

OTHER IMPORTANT REMINDERS AND DATES

STUDENTS SHOULD BE CHECKING EMAIL

It is of extreme importance that students, especially seniors applying to college, are checking their email on a regular basis. Many students are missing important communication from colleges because they are not regularly checking their email. Email has quickly become the main way for colleges to communicate with prospective students and they send out the majority of their information this way. Check-in with your student and remind them to check their emails so that they don't miss important deadlines, scholarship opportunities, admission information, next steps, and other vital reminders from colleges! As we know, email obligations typically don't slow down once you start your career, so best to get into the habit of checking it regularly starting now!

PSAT SCORE REPORT PICKUP

Scores have been released for students who took the PSAT in October. Students scores are posted on their College Board accounts. If your student would like the paper copy of their score report and/or their actual test book, please have them see Ms. Kimble in the Career Center.

IMPORTANT DATES TO NOTE

- ✓ **January 16, 2020:** Construct Tomorrow field trip.
- ✓ **Early February, 2020:** BEST Foundation Scholarship application opens (exact date TBD)
- ✓ **February 10-14, 2020:** Registration for the 2020-2021 school year takes place.
- ✓ **February 25, 2020:** All juniors take the ACT at Simley for free!

CONTACT INFORMATION

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