



# CAREER CENTER CONNECTION

NEWS FROM THE SIMLEY HIGH SCHOOL CAREER CENTER

JANUARY, 2018

## PEER TUTORING CENTER SUCCESS! SPARTANS HELPING SPARTANS



The Simley High School Peer Tutoring Center is up and running and going well! The center, located within the Student Center, is accessible to students during their study hall period or before or after school. Students are able to get help in any subject and can access the service on their own or may be recommended to attend by a teacher or counselor.

We have some amazingly talented upperclassmen as tutors who staff the center nearly every hour. They have been very steadily busy and I anticipate them becoming increasingly busy as we move forward in the trimester.

Students receive a partial credit for their service as well as being able to count their time as volunteer hours. We will continue to take applications from any interested sophomore, junior or senior looking to become a tutor. Students who are interested should pick up an information sheet and application from the Student Center or Counseling Office.

This is an excellent opportunity for tutors to gain experience teaching and helping fellow students. Likewise, this is a great opportunity as well for tutees to receive academic assistance from a peer who has been there before. Research shows tutoring that happens between peers is highly effective and beneficial for both parties. It has been awesome watching the center evolve and seeing the benefits as students really work together.

## FINANCIAL AID SEMINAR (K-12)

### JANUARY 23<sup>RD</sup> @ 6:00 PM

Simley will be offering a Financial Aid seminar on the first night of conferences; Tuesday, January 23, 2018 at 6:00 PM. The seminar is for parents of all ISD 199 students, Kindergarten- 12<sup>th</sup> grade. Certified Financial Planner, Luke Ellis, will present on financial planning for post-secondary education. The presentation will be held in the Simley Student Center and all are welcome to attend. Contact Megan Kimble with any questions.



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## JUNIOR SMALL GROUP MEETINGS

### ALL JUNIORS WILL BE MEETING WITH MS. KIMBLE

Starting Tuesday, January 16<sup>th</sup>, students will be meeting with Ms. Kimble in small groups of 8-10 students each. In these important meetings, students will learn about all of their post-secondary options, college admission requirements, entrance testing, financial aid, and more. In addition, we will go over what students should be doing now and they will also be provided with a planning timeline. Students will be given a plethora of materials to take with them so be sure to ask that they share all of the information with you!

This is an extremely important time in the post-secondary planning process and I am so excited to be able to offer these meetings to students. If you are wondering what your junior student should be doing now to stay on track with post-secondary planning please refer to the handy list below.

- ✓ Research and explore your post-secondary options
  - Remember, it doesn't matter which path you choose but everyone needs some kind of further education, training, or skillset for their future!
- ✓ Make your long list of college and university options
  - Students should having a range of schools they are considering- a reach, a match, and a safety are recommended.
- ✓ Consider what factors are important to you in a college
  - 2-year vs. 4-year
  - Public vs. private
  - Cost and financial aid package
  - Size (small vs. medium vs. large)
  - Setting (urban vs. suburban vs. rural)
  - Distance from home
  - Specific programs of study
  - Extracurricular or athletics
  - Special services
- ✓ Attend college representative visits at Simley- visits will pick-up again in the spring- take advantage of this great learning opportunity!
- ✓ Visit campus! One of the best ways to figure out if a college is going to be a good fit is by setting foot on campus and exploring all that they have to offer.
- ✓ Plan your testing calendar.
  - You will need to take the ASVAB if you plan on going into the military. Work with a recruiter to set this up.
  - Everyone will take the ACT with writing in April (for free!) at Simley.
  - Remember that even if you plan to attend a technical or community college they can use your ACT scores to make sure you are college-ready, so always do the best you can!
  - Most students will take the ACT 2 or 3 times. Every college will always take your highest score.
  - The ACT is now offered 7 times a year. Go to: [www.actstudent.org](http://www.actstudent.org) for more info and to register.
  - If you plan on taking the SAT, check out [www.sat.org](http://www.sat.org) for testing dates.
- ✓ Registration for senior year happens in February. Work with your family and counselor to plan a rigorous senior year schedule.
- ✓ Start applying for scholarships and learn about loans, grants, and other funding available to help pay for college.



# TRENDING CAREERS

## ADDICTIONS COUNSELOR

### What Addictions Counselors Do

Addictions counselors help people overcome alcohol, drug, gambling, and other dependencies.

### Work Environment

- Have a high level of social contact. They constantly work with clients and other health professionals.
- Work close to clients, such as when sitting across from them in a meeting.
- Generally have a set schedule each week.
- Most Addictions Counselors work in the following settings: outpatient care centers, residential patient care centers, individual and family services

### How to Become an Addictions Counselor

Educational requirements range from a high school diploma to a master's degree, depending on the setting, type of work, state regulations, and level of responsibility but *typical entry into the field requires a bachelor's degree*. In Minnesota, alcohol and drug counselors must be licensed. To apply for licensure, the applicant must have:

- have a bachelor's degree;
- complete 270 clock hours of specific alcohol and drug counseling course work;
- complete a 880-hour alcohol and drug counseling practicum;
- pass a written exam;
- pass an oral exam; or
- complete 2,000 hours of supervised professional practice.

### Pay

Average salary of an Addictions Counselor is \$46,070 per year.

### Job Outlook

This occupation is growing faster than state and national average.

### Helpful High School Courses

- Child Development
- Ethnic and Gender Studies
- Psychology
- Sociology



### Local Schools Offering a Degree in Addictions Counseling

- Bemidji State University - Certificate
- Metropolitan State University - BS Bachelor of Science, MS Master of Science
- Minnesota State University, Mankato - BS Bachelor of Science
- St. Cloud State University - Graduate Certificate, BS Bachelor of Science
- North Central University - Certificate, BA Bachelor of Arts, BS Bachelor of Science
- University of Minnesota - Twin Cities - Certificate, Master's

## COLLEGE SPOTLIGHT

### BEMIDJI STATE UNIVERSITY

**Best Decision Ever.**

[www.bemidjistate.edu](http://www.bemidjistate.edu)

On a wooded, lakeside campus in northern Minnesota, BSU beckons top students from around the world who want personal attention, challenging coursework and a lot more than a degree.

#### Student demographics:

6,396 undergraduate students	58% Female/ 42% Male
11% ethnic/racial diversity	34% socioeconomic diversity
19:1 student: faculty	Retention rate: 66%

**Tuition** (2017-2018 MN resident): \$7,630 + \$1,048 (fees) + \$8,162 (room and board) = \$17,730 (total cost of attendance)

**Degrees Offered:** Bachelors, Masters, Doctoral

**Room & Board:** All new first-year students participate in the First-Year Residential Experience program (FYRE), which provides a unique academic and social experience specifically designed for first-year students. We assign all first-year students with a roommate to live in groups with other first-year students in Oak or Tamarack Hall. Together you explore BSU and help each other adapt to college life.



**Admissions:** The priority application deadline is: February 1<sup>st</sup>. Admission is open to students who rank in the upper half of their high school graduating class or who achieve a composite score of 21 or above on the ACT. In addition, college preparation courses must be satisfied through proof of high school graduation official transcripts. Every application is reviewed on an individual basis and students are encouraged to apply even if they don't meet the automatic admission criteria.

**Scholarships:** Bemidji State University offers merit-based scholarships for which you are considered automatically when you are admitted to the university. All you must do is apply, be admitted, and confirm your enrollment by May 1.

**Academic Programs:** BSU offers over 65 majors and pre-professional programs. The largest programs include: education, business, science, technological studies, criminal justice, and psychology. Unique program offerings include: Aquatic Biology, Creative and Electronic Writing, Indian Studies, Marketing Communications, Exhibit Design, Industrial Model Making, and Wilderness Management and Outdoor Recreation Planning.

**Campus Life:** Bemidji state offers students nearly 100 different clubs and organizations. Men's and women's hockey is NCAA DI and there are a dozen NCAA DII sports. In addition, Bemidji offers a plethora of club and intermural sports.

**A fun fact:** Tamarack residence hall is the tallest building in Bemidji! Upper-floor rooms and the 12th-floor lounges let you view the lake, the city and the beautiful North Country. The views are incredible!





## IMPORTANT DATES TO NOTE

- ✓ **January 23, 2017 @ 6:00 PM:** Paying for College Seminar (K-12) during conferences (Simley Student Center)
- ✓ **January/February 2017:** All juniors will meet with Ms. Kimble in the Career Center via small group meetings to talk about post-secondary planning.
- ✓ **Mid-February, 2017:** Registration for the 2018 - 2019 school year takes place.

## CONTACT INFORMATION

### CAREER CENTER COORDINATOR:

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### FUN FACT:

There are only 4 all male 4-year colleges remaining in the United States. Morehouse College and St. John's University (MN) have women's college counterparts (Spelman College and St. Benedict, respectively). Hampden-Sydney and Wabash colleges are the only two non-religious stand-alone 4-year colleges to admit only men.

